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GOLD CUP

"Dubai Open"

SERIES



2018 EDITION



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BIN RASHID AL MAKTOUM
DEPUTY RULER OF DUBAI**



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— Royal Essence —

DELINA

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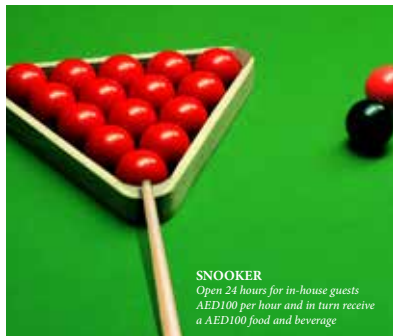
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A MESSAGE FROM THE CHAIRMAN: MOHAMMED AL HABTOOR

What an amazing year for Polo in Dubai in 2017. We launched the Al Habtoor Polo Resort & Club, the new home ground for Habtoor Polo. The resort is now buzzing with activity, and the Polo and Riding Club are preparing the next generation of polo players in Dubai. It provides multiple opportunities for horse lovers, and we are excited to be part of the journey. The state-of-the-art facilities has propelled Dubai to the forefront of Polo in the Middle East, enabling Dubai to host more world-class polo and equestrian events, and elongating the UAE's polo season to seven months.

The 2018 Dubai Polo Gold Cup Series, held under the Patronage of His Highness Sheikh Maktoum bin Mohammed bin Rashid Al Maktoum, Deputy Ruler of Dubai, is more competitive than ever. We have a high number of teams participating in the various tournaments.

McLaren Cup 2018

18 Goal Handicap
26th January - 9th February

Polo Masters Cup 2018

10 Goal Handicap
10th - 15th February

Julius Baer Gold Cup 2018

18 Goal Handicap
16th February - 9th March

Dubai Cup 2018

6-8 Goal Handicap
6th - 13th April

Dubai Challenge Cup 2018

18 Goal Handicap
14th - 23rd March

I am delighted to announce that a total of x teams with be taking part in Dubai Gold Cup Series, which I started in 2009. I could have never imagined then what it has evolved into. I would like to personally thank all the patrons and players who have helped shape the tournament over the years. Each and every one of them have played a role in both the tournament's success and in helping to elevate Dubai onto the polo world stage.

I wish all the players the best of luck and hope that the spectators enjoy watching from the comfort of The St. Regis Dubai, Al Habtoor Polo Resort & Club, which opened in 2017.



RIDING SCHOOL

The school facility is set within the exclusive equestrian development boasting 54 hectares of lush green surroundings. Catering to new riders through to experienced equestrians, the stables offer a unique experience. Combining well-schooled horses within top class facilities, the riding school offers an expert team of fully qualified professional instructors, offering both group and private lessons.

The Al Habtoor Riding School is open 7 days a week from 6:45am - 10:00am and 4:00pm - 8:30pm offering the following:

- Riding lessons
- Pony club activities and camps
- Stable management sessions
- Clinics
- Stable Tours

RATES

TYPE OF LESSON	STANDARD RATE		
ASSESMENT LESSON (30 mins)	CHILD	ADULT	FEE
	AED265	AED315	
GROUP LESSON (45 mins)			
Level 1 & 2	AED190	AED235	
Level 3 to 5	AED245	AED285	
Riding Lesson - Own Horse	AED140	AED140	
SEMI PRIVATE LESSON (45 mins)			
Group of two	AED300	AED340	
Group of two with own horse	AED235	AED235	
PRIVATE LESSON (45 mins)			
Private Lesson	AED420	AED475	
Private Lesson - Own horse	AED295	AED295	
Lunge Lesson			AED370
Instructor Schooling			AED265
Arena Hire			AED160
Stable Tour 45mins (minimum of 4 persons) (Children under 2 years old complimentary) Slot 8:30AM and 5PM	AED55	AED105	
Stable Management 45mins (Children under 2 years old complimentary) Slot 9:30AM and 6PM	AED75	AED105	
Package Family: 2 Adults + 2 Children			AED265
EQUESTRIAN EXPERIENCE			
Pony Ride - 1 Round	AED45		
Pony Club Membership			AED265
Pony Club Assessment			AED265
Pony Club Session	AED295		
Pony Club - Own horse	AED245		
RIDING SCHOOL ADMINISTRATION FEE			
1 st Family Member			AED525
Additional Family Member			AED105

* Lesson is 45mins.

* Helmet rental is at AED 10/each.

* Payment needs to be issued in advance at time of booking and is non-transferable and non-refundable.

* 10% discount is applied for lessons paid in block of 10.

* Discounted packages for schools include Riding/Stable Management which is in line with the international coveted British Horse Society (BHS) society.

* Discounts cannot be combined.

* All prices are inclusive of VAT.

POLO ACADEMY

The Al Habtoor Polo Academy provides an opportunity to enter the fascinating world of polo in the state of the art, Al Habtoor Polo Resort & Club, under the instruction of the head instructor Alejandro Gowland, a 3-goal professional from Argentina.

Alejandro's team includes international polo players providing all levels of instruction from those just beginning to ride on a fast track system for the first time, or those looking to improve and fine-tune their already established skills. The Al Habtoor Polo Academy provides a full spectrum of bespoke services, from individual lessons to small group lessons, corporate packages and fun days with friends and family.



RATES

TYPE OF LESSON	CHILD<18	ADULT
Introduction to Polo	AED 690	AED 895
Group Lesson	AED 420	AED 630
Private Lesson	AED 630	AED 895
Stick and Ball	AED 525	AED 790
Instructional Chukkas	AED 420	AED 690



From left to right
 Priyanka Chopra
 Victoria Justice
 Janet Montgomery
 Nadine Leopold
 Ella Purnell
 Kendall Jenner
 Nickole Kidman

POLO AROUND THE WORLD CELEBRITY SPOTTING



Polo attracts many A-listers around the world. Here's a look of some of the stars spotted on the global polo circuit...

Prince Harry and Meghan Markle



Adam Sandler and Greg Kinnear



David Gandy



Luke Evans

Nacho Figueras and Neil Patrick Harris



Lily Donaldson



Nicollette Sheridan



Natalie Roser



Gamble Breaux



Elizabeth Olsen



Emma Watson



Sharon Stone



Emma Stone



Rachel Zone and Delfina Blaquier



Jaime King, Sofia Vergara and Rachel Zoe



Lily Cole



Eiza Gonzalez

Queen Elizabeth II
at the Cartier
Queen's Cup
Polo Final





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From 12:30–4:00 PM

AED 295 with soft beverages / 395 with house beverages / 495 with bubbly.

Children below 12 years of age dine with our compliments when accompanied by a parent purchasing the brunch.

Rates may vary during major tournaments. Terms & Conditions apply.



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THE ST. REGIS AL HABTOOR POLO RESORT & CLUB

A new standard of luxury

**The Al Habtoor Polo Resort and Club
is the ultimate destination for horse lovers.**




As soon as you set foot on the Al Habtoor Polo Resort & Club you feel like you are in an equestrian sanctuary. There is so much space to roam around. The sounds and smells conjure up feelings of being in an establish country haven. Just a couple of years ago this was desert wasteland.

Today it is an upmarket development consisting of 162 luxury villas surrounding the lush polo fields, stables for 520 horses and the centerpiece of the development – Dubai's second St. Regis hotel with 126 keys.

The six million square feet Al Habtoor Polo Resort & Club is unlike the bustling centre of Dubai. It is tranquil, and there is great sense of freedom. Look around and you see pockets of life going on in every corner of the development.

There are children taking horse-riding lessons at the Arena Club house; others look like they are practicing for a dressage competition, or showjumping. On one of the polo fields a team of polo players is galloping towards a ball at lightning pace. This equestrian sanctuary offers everything a horse lover could want under one roof.



“The Andalusian-style St. Regis hotel stand proud beyond the polo field.”

The Andalusian-style St. Regis hotel stand proud beyond the polo field. The exterior of the hotel is nothing short of spectacular. Step inside and you are greeted by the typical St. Regis bespoke service you would expect. It is luxury with a capital L.

As you explore outside you see the enviable vantage point of The Residence at the Al Habtoor Polo Resort and Club. The upmarket villas surround the polo fields and hotel giving them the best of the hotel and the fields which plays host to some of the top polo events in the world. The residents can sit in the comfort of their homes or gardens watching international standard polo games.

The St Regis also boasts great facilities at the Iridium Spa which has a total of six treatment rooms, separate female and male wet areas that include a steam room, sauna, ice fountain and rain-shower experience. The recreational activities include a tennis court, tennis coaching, kids club, golf driving range, mini golf, snooker, board games, table tennis, multi-sport courts, personal training and group exercise classes.



You may feel a million miles from the urban city of Dubai, but this stylish resort is just a short drive from Dubai's most famous landmarks, 25 minutes from the Dubai International Airport and just over half an hour from Al Maktoum International Airport.



Oasis



Taperia

From top to bottom
 St. Regis main entrance
 Iridium Spa
 Main pool
 Equestrian lounge
 Lady Astor suite lounge

HILDON

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ZEDAN POLO TEAM



Amr Zedan is an avid and skilled polo player, Chairman and Group President of Saudi Arabian company, the Zedan Group. He started playing polo sporadically in 2002, however, it wasn't until 2010 that he established the Zedan Polo Team. Today it is one of the most recognized names on the Middle East polo circuit. The team were winners of the 2016 Julius Baer Gold Cup.

The team won the 2015 and 2017 Julius Baer Gold Cup, the 2016 McLaren Cup and the 2016 and 2017 Dubai Cup.



Amr Zedan

PATRON
HANDICAP 0



Pablo MacDonough

HANDICAP 10



Martin Gandara

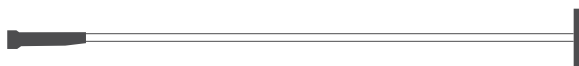
HANDICAP 5



Tomas Panelo

HANDICAP 3

UAE POLO TEAM



Her Highness Sheikha Maitha bint Mohammed bin Rashid Al Maktoum, patron of the UAE team, is the daughter of HH Sheikh Mohammed bin Rashid Al Maktoum, UAE Vice President and Prime Minister and ruler of Dubai. She has had a successful career in martial arts, representing the UAE in Taekwondo at the Beijing Olympics, winning a silver medal in karate at the 2006 Asian Games.

Sheikha Maitha put together a ladies-only polo tournament for the first time in the Middle East, breaking new ground for women's sport. In a sport typically dominated by men here in the region, Sheikha Maitha said, "not only can women play polo, but they can play it well". For her the start came a couple of years ago when she joined Ali Al Bawardi's Desert Palm Polo Club, soon after she was taking part in the Queen's Cup and Gold Cup with her team.

The team were winners of the 2016 Julius Baer Gold Cup and the 2017 McLaren Cup.



**Her Highness
Sheikha Maitha bint
Mohammed bin
Rashid Al Maktoum**

PATRON
HANDICAP 0



Pablo Avalos

HANDICAP 2



Matias Benoit

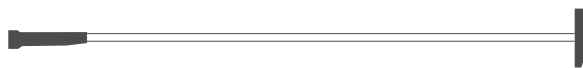
HANDICAP 6



Polito Pieres

HANDICAP 10

DESERT PALM POLO TEAM



The Desert Palm polo team is under the Albwardy family, founders of the Desert Palm polo club and a family with long-lasting polo roots in the region. The patron of the team is Tarik Al bwardy.

The family has had a big role in raising the sport in the UAE. Each year Desert Palm Polo Club hosts high profile tournaments including the Nations Cup and the Cartier Cup.

The team were runners up in the 2017 McLaren Cup.



Rashid Al Bwardy

PATRON
HANDICAP 2



Camilo Castagnola

HANDICAP 4



Santi Laborde

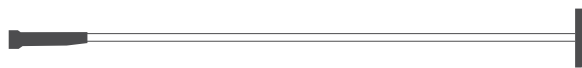
HANDICAP 6



Bartolome Castagnola

HANDICAP 6

ABU DHABI POLO TEAM



The Abu Dhabi Polo Team is a high goal team based in Dubai and the brainchild of Patron, Faris Al Yabhouni. With an increasing team following there are plans for continued growth through regular events, a dedicated merchandise line, charity and social and educational gatherings. Abu Dhabi Polo Team is growing organically and with a firm long-term vision, it is projected to gain regional and international presence and exposure.

The team has won several prestigious tournaments including the 2011 Dubai Gold Cup, the 2011 Threadneedle Dubai Polo Gold Cup, the 2012 Silver Cup and the 2015 Bentley Cup.



Faris Al Yabhouni

PATRON
HANDICAP 0



Santiago Gomez Romero

HANDICAP 3



Santiago Cernadas

HANDICAP 6



Alfredo Cappella

HANDICAP 9

MAHRA POLO TEAM



Rashid Al Habtoor co-founded the Habtoor Polo Team with his brother Mohammed Al Habtoor, later establishing the Mahra Polo Team. The Team has played in many international polo events, including the Royal Windsor Cup in the United Kingdom, and the Gold and Silver Cup in Spain.

Mahra has several titles to its name including the 2010 Dubai Polo Gold Cup, the 2011 Silver Cup, the 2014 Power House Cup, the 2017 Bentley cup and the 2017 Hildon Cup.



Rashid Al Habtoor

PATRON
HANDICAP 0



Jeronimo Del Carril

HANDICAP 6



Isidro Strada

HANDICAP 6



Benjamin Urquiza

HANDICAP 5

HABTOOR POLO TEAM



The Habtoor Polo legacy was established in 2000 by a man with a passion for polo, Mohammed Al Habtoor. Since then, the sport of polo has been driven to new heights with Habtoor Polo by its side. Mohammed Al Habtoor, Patron of the team, has participated in numerous polo tournaments both locally and globally. He has turned the Dubai Polo Gold Cup Series into one of the highlights of the Dubai sports calendar, making it one of the region's most prestigious polo events.

In 2012 the Habtoor Polo Team won its first Dubai Polo Gold Cup title, followed by the Dubai Silver Cup in 2013, the Hildon Cup in 2014, 2015 and 2016 and were runners up in the 2017 Julius Baer Gold Cup.



Mohammed Al Habtoor

PATRON
HANDICAP 0



Jack Hyde

HANDICAP 4



Bautista Ortiz de Urbina

HANDICAP 6



Francisco Elizalde

HANDICAP 8

WOLVES POLO TEAM



The Al Habtoor's passion for polo continues to drive through to the next generation. The Wolves Polo team are participating in the Dubai Gold Cup Series for the second year, with Habtoor Al Habtoor leading the pack. They are definitely a team to keep an eye on.

The Wolves won the Subsidiary Final at the Dubai Challenge Cup in 2016.



Habtoor Al Habtoor

PATRON
HANDICAP 1



Matias Diego Gonzalez Miguel

HANDICAP 2



Manuel Crespo

HANDICAP 7



Ezequiel Martinez Ferrario

HANDICAP 8

NAIL YOUR *Polo Outfit*

Polo has long been associated with the fashion elite. The game attracts everything from stars, sports personalities to style icons. So, it is important to look your ultimate best.

CROCHET & LACE DRESSES

Flowy, fitted or two-piece sets are perfect for a day of fun in the sun. These two fabrics are hugely trending this season and some of our favourite looks.

Just remember to wear appropriate undergarments with these materials as they tend to be see-through, and don't wear any short hemlines – remember if you would wear it to a nightclub, bar or the beach, don't wear it at the polo.



Brim Hat

Be like pretty woman



2



3



4

1 Lele Sadoughi Wind Chime Hoop Earrings, 2 Gucci Sunglasses, 3 Gucci Embroidered Metallic Leather Platform Espadrille / Leather Block Heel Sandal 4 Chanel CC Box Bag



CHINOS

Chino's are the obvious choice when it comes to trousers for the Polo.

Not only are they a classic item, but they are easy to style and befittingly on trend.

A casual belt should accompany the pants; however stay away from a dress pant belt, which will take away from the effortlessness of the look. We think you can't go past a pair of crisp white or muted beige chinos styled with a white linen shirt.



LOAFERS

Whilst loafers and slip-on shoes have been great options in the past, with the huge influence of the sports luxe trend on the runways of late, running shoes have become acceptable attire for the Polo.

Runners are the perfect way to edge up a preppy outfit, whilst stamping your own signature take on a classic polo look, not to mention ensuring you will stand out from the pack.

A-LINE SKIRTS

The A-Line skirt is the perfect mix of casual elegance. This ultra-feminine look is not only comfortable and appropriate for a day in the sun, but it is also suitably on trend.

This number creates a voluminous, feminine silhouette and is flattering to most body shapes. This style complements most body types, but just make sure you find one that falls on the slimmest part of your leg and always pair with a fitted top to balance out the heavy lower half. Dress up with a crisp blouse or dress down with a tucked-in T-shirt.



BLAZER

Completing your look with a lightweight blazer can add the perfect finishing touch to your ensemble. If you have decided to wear shorts, this will ensure your outfit looks more pulled together and falls on the dressier side. Your blazer should provide the perfect complement to your outfit, whilst not taking away too much attention from what you have going on beneath. Bright and bold jackets are fine as long as you keep the rest of your outfit streamlined.

10 Most Popular *horse breeds in the world*

There is a horse breed for every purpose and they come in all shapes colours and sizes, however, many breeds have become consistent favorites among equestrian circles. Here are the top ten common breeds from around the world:



Arabian



Quarter



Tennessee Walker



Morgan



Paint



Appaloosa

1. Arabian

The Arabian horse has long been a favourite all over the world. Hailing from the Arabian Peninsula, this breed is easy to spot with its distinctive head shape and high, proud tail carriage. It is thought to be one of the oldest breeds, and is known for its spirit and endurance. Arabians are used today in many disciplines, including western, saddle seat, and even dressage.

2. Quarter Horse

This American breed is arguably the most popular breed in the United States. Known as the fastest breed of horse over short distances, Quarter horses are popular mounts for both trail and competition. They are often used for western pleasure riding and other western events such as barrel racing, roping and cutting.

3. Thoroughbred

The Thoroughbred is best known for its use in horse racing. Developed in England in the 17th and 18th century, this breed is high spirited and known for its heart. They make excellent sport horses, and are used as hunters and jumpers, and as mounts for dressage, polo and fox hunting.

4. Tennessee Walker

The Tennessee Walker is a gaited breed of horse that was developed in the Southern United States during the 18th century for use on farms and plantations. Its smooth gaits, such as the four-beat "running walk," make it comfortable for riding long distances, so it was the mount of choice for many Civil War generals. Today, Tennessee Walkers are used as both show

horses and pleasure mounts.

5. Morgan

Compact, brave and agreeable, the Morgan horse is best known for its versatility. One of the oldest breeds developed in the United States, all Morgans trace back to the foundation sire, Figure. Small in stature but big in heart, they are used today as riding and driving horses and excel in the western and saddle seat disciplines.

6. Paint

The American Paint Horse is a unique combination of the conformational characteristics of the western stock horse and the colours of a pinto. While some people consider the paint a "colour breed," the American Paint Horse Association considers them a true breed, as paints have a strict bloodline requirement and distinctive breed characteristics. Like the Quarter Horse, they excel in many western disciplines and are often used as pleasure mounts.

7. Appaloosa

Developed by the Nez Perce Native American tribe in the Pacific Northwest, Appaloosas are best known for their colorful spotted coat pattern. They are tough, independent, hardy and sure-footed, with big bodies and sparse manes and tails. Appaloosas are often used as stock horses and pleasure mounts, and also make excellent trail horses.

8. Miniature Horse

The miniature horse was developed in Europe in the 1600s. The breed's two registries have different height requirements, but the horses must fall under 34-38 inches, measured from the



Thoroughbred

last hairs of the mane. While they are extremely small, they are considered horses and not ponies. In the past, the breed has been kept as pets by nobility and used for work in coal mines. Today they are used as driving horses and sometimes even as service animals.

9. Warmblood

Technically warmbloods are not a breed but a group that encompasses several types and breeds, including the Hanoverian, Holsteiner, Oldenburg, and Trakhner. Warmbloods are characterized by open stud book policies and are known for their prowess as sport horses, excelling in jumping as well as dressage.

10. Andalusian

This Spanish breed originated in the Iberian Peninsula and was first recognized as a breed in the 15th century. It was known for its prowess as a war horse and prized by nobility. With long, thick manes and tails, the Andalusian is strong, compact and elegant. While in the past many different coat colors were found, most present-day Andalusians are grey or bay. Today they are used for dressage, driving, saddle seat and even jumping.



Miniature



Warmblood



Andalusian

McLAREN Cup

2017 RESULTS

WINNER: UAE POLO TEAM | RUNNER UP: DESERT PALM

JAN	TIME	TEAMS	SCORE	FIELD	UMPIRES	REFEREE
SAT 21	2:30	Habtoor Wolves	9 7	AHPRC 1	P. Wright / J. Dixon	JJ.D. Alberdi
SUN 22	2:00	UAE Desert Palm	11 6	AHPRC 2	J.J. Alberdi / P. Wright	J. Dixon
	4:00	Zedan Bin Draï	6 12	AHPRC 3	J.J. Alberdi / J. Dixon	P. Wright
TUE 24	2:00	Desert Palm Wolves	13 6	AHPRC 2	J.J. Alberdi / P. Wright	J. Dixon
	4:00	UAE Habtoor	7.5 9	AHPRC 3	J. Dixon / P. Wright	JJ.D. Alberdi
WED 25	2:00	Bin Draï Mahra	7 5	AHPRC 1	J. Dixon / J.J. Alberdi	P. Wright
FRI 27	2:00	UAE Wolves	10 6	AHPRC 1	J. Dixon / J.J. Alberdi	P. Wright
	4:00	Desert Palm Habtoor	8 9	AHPRC 3	J.J. Alberdi / P. Wright	J. Dixon
SAT 28	4:00	Zedan Mahra	7 6	AHPRC 3	J. Dixon / P. Wright	J.J. Alberdi
QUARTERFINAL McLAREN CUP						
MON 30	2:00	Zedan Desert Palm	7 8	AHPRC 1	J.J. Alberdi / P. Wright	J. Dixon
	4:00	UAE Mahra	9.5 7	AHPRC 3	J. Dixon / P. Wright	J.J. Alberdi
SEMIFINAL McLAREN CUP						
WED 1	2:00	Bin Draï UAE	7 9.5	AHPRC 2	J.J. Alberdi / J. Dixon	P. Wright
	4:00	Habtoor Desert Palm	7 8	AHPRC 3	J.J. Alberdi / P. Wright	J. Dixon
SUBSIDIARY FINAL HILDON CUP						
FRI 3	1:00	Zedan Mahra	7 10	AHPRC 2	J.J. Alberdi / J. Dixon	P. Wright
FINAL McLAREN CUP						
SAT 4	3:00	UAE Desert Palm	8.5 8	AHPRC 1	J. Dixon / P. Wright	JJ.D. Alberdi

Julius Baer Gold Cup

2017 RESULTS

WINNER: ZEDAN POLO TEAM | RUNNER UP: JULIUS BAER by HABTOOR

FEB	TIME	TEAMS	SCORE	FIELD	UMPIRES	REFEREE
SAT 18	2:00	Desert Palm	3	AHPRC	JJ. D. Alberdi /	P. Wright
	4:00	Bin Draï UAE Abu Dhabi	10 10 12	3 AHPRC 1	D. Boudou J. Dixon / J.J. Alberdi	P. Wright
SUN 19	2:00	Mahra	9	AHPRC	J. Dixon / D. Boudou	P. Wright
	4:00	Wolves Bangash Julius Baer by Habtoor	10 7 11	3 AHPRC 1	J. Dixon / J.J. Alberdi	P. Wright
TUE 21	2:00	UAE	7	AHPRC	J. Dixon / J.J. Alberdi	D. Boudou
	4:00	Zedan Desert Palm Abu Dhabi	4 6 7	2 AHPRC 3	P. Wright / D. Boudou	J.J. Alberdi
WED 22	2:00	Bangash	8	AHPRC	JJ. D. Alberdi /	P. Wright
	4:00	Bin Draï Mahra Julius Baer by Habtoor	12 11 10	2 AHPRC 3	D. Boudou P. Wright / D. Boudou	J. Dixon
FRI 24	2:00	UAE	8	AHPRC	J. Dixon / P. Wright	D. Boudou
	4:00	Wolves Desert Palm Zedan	7 6 9	3 AHPRC 1	JJ.D. Alberdi / D. Boudou	P. Wright
SAT 25	2:00	Bangash	7	AHPRC	P. Wright / D. Boudou	J. Dixon
	4:00	Abu Dhabi Mahra Bin Draï	14 8 10	2 AHPRC 1	J. Dixon / JJ.D. Alberdi	P. Wright
TUE 28	2:00	Bin Draï	10	AHPRC	J. Dixon / D. Boudou	JJ. D. Alberdi
	4:00	Julius Baer by Habtoor Wolves Zedan	11 9 10	1 AHPRC 3	JJ. D. Alberdi / P. Wright	J. Dixon
MAR FRI 3	2:00	UAE	9	AHPRC	P. Wright / D. Boudou	J. Dixon
	4:00	Julius Baer by Habtoor Desert Palm Wolves	12 9 6	3 AHPRC 1	JJ. D. Alberdi / P. Wright	D. Boudou
SAT 4	2:00	Mahra	11	AHPRC	JJ. D. Alberdi /	J. Dixon
	4:00	Abu Dhabi Bangash Zedan	7 7 8	2 AHPRC 1	P. Wright J. Dixon / T. Bown	JJ.D. Alberdi
SUBSIDIARY CUP SEMIFINAL						
MON 6	2:00	UAE	8	AHPRC	J. Dixon / JJ.D. Alberdi	P. Wright
	12:00	Wolves Mahra Desert Palm	10 8 7	2 AHPRC 3	P. Wright / D. Boudou	JJ.D. Alberdi
SEMIFINAL GOLD CUP						
TUE 7	2:00	Julius Baer by Habtoor	9	AHPRC	J. Dixon / D. Boudou	P. Wright
	4:00	Abu Dhabi Bin Draï Zedan	8 6 7	2 AHPRC 1	P. Wright / JJ. D. Alberdi	J. Dixon
SUBSIDIARY FINAL BENTLEY CUP						
FRI 10	12:00	Mahra Wolves	11 8	AHPRC 2	P. Wright / JJ. D. Alberdi	J. Dixon
FINAL DUBAI GOLD CUP						
FRI 10	2:00	Julius Baer by Habtoor Zedan	8 10	AHPRC 1	J. Dixon / D. Boudou	JJ. D. Alberdi

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THE ITALIAN STALLION

— *Sylvester Stallone and his journey with the beautiful game we call Polo*

Sylvester Stallone is well known for his Hollywood action roles, including boxer Rocky Balboa, but the Hollywood legend has a long association with the refined polo lifestyle.

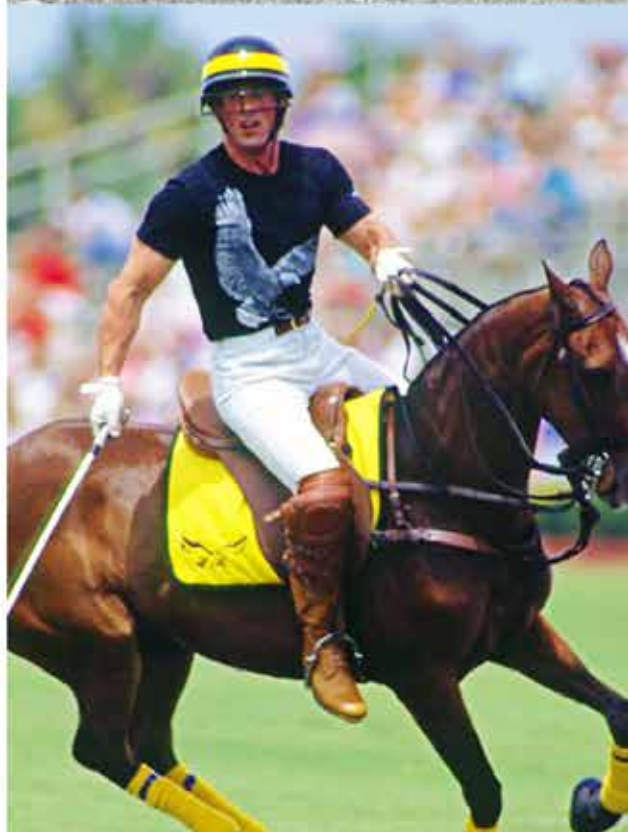
Stallone's interest in polo was inevitable, given the rich equestrian history of his family. His father, the late Frank Stallone, was a professional polo player who rode horses in Italy before emigrating to New York in the 1940s.

'The name Stallone translates as stallion, or horse', Stallone says. 'So my family were horse people to begin with, going right back. But they weren't rich people, they were peasants.' He moved to America to get more money but also to get away from horses, to do something else that the Stallones hadn't done. But he carried on playing polo. He couldn't give it up, no matter how hard he tried!

Stallone first picked up a mallet when he was 11 years old, and the pair famously both took part in an exhibition match at Palm Beach Polo and Country Club in Florida in 1990, which Stallone Snr said at the time was 'the thrill of his life'.

Stallone once stated that 'playing polo is like trying to play golf during an earthquake' and he stands by that description. 'It's weird, when you are on the horse you think you look like Rambo and you should charge around, but that's not what the game is about. It's about being patient. I have to remember that a lot of the time', he says with a smile.

"Playing polo is like trying to play golf during an earthquake."



McLAREN CUP 2017 WINNERS



McLaren Cup Winner: UAE Polo



Runner-up
Desert Palm Polo



MVP
Guillermo Terrera



Best Pony
Jessica-UAE Polo



Hildon Cup Winner: Mahra Polo



Runner-up
Zedan Polo



The Umpires

JULIUS BAER GOLD CUP 2017 WINNERS

Runner-up Julius Baer by
Habtoor



MVP
Octavio Olmedo



Best Pony
Gete Pintura-Zedan Polo



Julius Baer Gold Cup Winner: Zedan Polo



Runner-up
Wolves Polo



The Umpires



Bentley Cup Winner: Mahra Polo

DUBAI CHALLENGE CUP 2017 WINNERS



Dubai Challenge Cup Winner: Bin Drai Polo



Runner-up
Habtoor Polo



MVP
Francisco Elizalde



Best Pony
Capacidad-Habtoor Polo

Awards presented by
Argentine Ambassador to the UAE,
Fernando R de Martini



Subsidiary Cup Winner: Zedan Polo



Runner-up
Abu Dhabi Polo



Amateur Top Scorer
Faris Al Yabhouni

Awards presented by
Argentine Ambassador to the UAE,
Fernando R de Martini

Q

Meet Polito Pieres, recognized by the USPA with the sport's highest rating: a 10-goal handicap



1. When and how were you introduced to polo?

Both sides of my family played polo – my grandfather, uncles and father, so I have the love of the sport running through my blood. Seeing that I've always loved horses, it also made my decision to become a polo player much easier.

2. Who originally inspired you to play?

My father. We were always travelling, going to different places so he could play polo, so it was easy for me to fall in love with the game. When you are young you always aspire to follow in your father's footsteps and passion, and I am lucky enough to be one of the few to go down the same path he did.

3. What does it feel like to attain a 10-goal handicap, the sports highest rating?

It is an amazing feeling. When you are young you always have certain dreams you want to fulfill, for me it was to reach this point in my career, and sometimes I did not think I would make it, but I did! My family is extremely happy and proud of me – they have supported me and will continue to support me whether I am 0, 5 or 10.

It has also been a nice present for my dad. He has taught me most of what I know, so it is a great honour for him to.



4. How many times a week do you train? Can you give me an example of your typical training day?

In 2017, I trained the most I have ever in my career. I had an injury in my arm in 2016, so I had to work out a lot more to get it back into shape. My training began mid-June/July as I was preparing for the Argentina Open. We trained 4 times a week and it was really good fun; we joked around a lot, but made sure to work twice as hard.

5. What has been your greatest triumph to date?

I have two in my career so far: In 2012 I played for Cortium in the Gold Cup in England and we walked away winners of the British Open – it was a real special day for me and in 2013 when my team made it to the Palermo final. I will never forget these memories.

6. What do you like doing when you are not playing?

Along with doing other sport activities such as running, I enjoy resting a lot. Training often can be strenuous on your arms and legs, and I enjoy not having pain in these areas when I am not playing.

7. You've had a look at the teams playing at the Julius Baer Gold Cup. What do you think of the line up and are there any teams you look forward to playing against?

This is my first year in Dubai and I am excited to be here. I have heard it's an amazing place and growing rapidly. I am really happy to play for the UAE Polo team alongside my close friend Matias Benoit, and against the other teams where many of my other good friends will be playing.

8. What are you most interested in doing while here in Dubai?

I am excited to visit my favourite sushi restaurant, Sumo Sushi – I love that place. I also plan on playing a lot of golf and doing a bit of shopping during my first week here.

10. What advice would you give to aspiring polo players?

Have fun and love what you do. Always work on improving yourself by either winning or losing. It is also important to have a well-trained horse as they are an integral part of your team.



Manuel Crespo



Guillermo Terrera



Jerónimo del Carril



Ezequiel Martínez Ferrario



Sheikha Maitha

THE MATCH





UAE Polo Team vs Julius Baer by Habtoor



Mohammed Al Habtoor and Amr Zedan



Tommy Beresford



The Trophies

Here are some of the highlights
of last year's action-packed
event...

#DUBAI
POLO



Jubilant
Mahra Polo Team



Alejo Taranco



Nico Pieres



Polo Family



Amateur Top Scorer, Habtoor Al Habtoor



Rodolfo, Amr and Daphne



Zedan Polo Team



Faris Al Yabhouni and Mohammed Al Habtoor

Why you should pamper your horse more

Animal massage originally originated in ancient India, and can be quite a physically demanding for the masseuse. It also requires more study and knowledge as human massage, so you can see why it is beneficial for your horse. BUT, if you didn't know, here are a few reasons why:



Pain & Tension

We're all familiar with how a massage can ease tense muscles and reduce the pains of movement, but it may lessen nerve compression too. In 2012, a study was published on the cellular impact of massage which revealed the truth behind it's rumored benefits. Participants performed intense aerobic exercise which was followed by a 10-minute massage on one leg. When all was said and done, legs that had received massage following physical activity had a drop in the cytokines responsible for pain and inflammation.

Circulation & Healing

Aside from pain relief, massage also helps to improve circulation. This obviously benefits a body by helping the body's natural flow of nutrients and

wastes, but it can also bolster the healing process.

This can be especially helpful with older animals with compromised mobility. As a bonus, touching your livestock will have you familiar with their body. Should abnormalities come up, you'll be able to take note of them and bring any concerns to your veterinarian.

Mood

For us humans, a good massage is the equivalent of an induced coma. Having tight and painful muscles soothed can be as pleasurable as it is relieving, and it does wonders to soothe anxieties too. Focusing on the touch of our masseuse helps us to focus our awareness on the present

moment. That right there works magic with stressed bodies and minds. On top of that though, a massage can reduce stress hormones and increase serotonin. So not only does massages provoke a more peaceful state, but it can also encourage a happier frame of mind.

Bonding

Simply taking the time to spend with your livestock promotes bonding and encourages trust. Massage time also allows you the opportunity to get to know your animal. The more time you spend with them, the more familiar you'll become with their likes and dislikes. You'll also be able to see catch their funny quirks and learn their nonverbal cues of communication.

Credit: <http://www.savvyhorsetwoman.com/2016/06/benefits-of-horse-pet-massage.html>
Ash Stevens is a writer and wannabe shaman. When she isn't being serious writing or talking family and relationships on her blog, she's listening to stand-up comedy and soaking up some sunshine.

<http://www.helenawhiting.co.uk>



Graham Kearney

A self-taught equestrian artist

Can you tell me a bit about your background, i.e. where you are from, what did you study at school, etc.

I am a self-taught artist born and raised in South Africa. I attended only a few classes at an early age and sold my first painting at the age of 16. I have a 7-month waiting list for my art and I get to travel around the world to photograph different horse breeds for paintings.

How did you start making art? And what or who inspired you to become an equestrian artist?

I originally started as a wildlife artist, but after visiting a dear friend and client who owns Pakamisa Game Lodge in South Africa, she introduced me to her herd of Arabian horses and I fell in love. She showed me how to take photos of them and suggested I do a painting of her stallion, and as they say, "the rest is history".

Describe a real-life situation that inspired you.

I can't describe one single event that inspires me but rather regular experiences that motivate me to paint. I do weekly photoshoots for clients of their horses and each time I get inspired with new ideas for paintings.

What's integral to the work of being an equestrian artist?

I'd say the most integral part of doing what I do is my love for painting these amazing creatures, passion to capture their perfection as well as dedication. Technically, ability and skill can be trained but if the dedication and passion is not there, along with the love of what you do, there will be no success.

What is your most important artist tool? Is there something you can't live without in your studio?

I have so many vital tools that allow me to do what I do. From my camera to my laptop as well as my art material like my pastels and pencils or my oil paints and brushes.

Is there a piece of artwork you are most proud of? Why?

Every piece that leaves my art studio is something I'm very proud of, however there are a few artworks that stand out above others. One of the oil paintings I did was of a top Friesian stallion here in South Africa called Dries 421. The painting was over 2m long which included with a mare and one of his first offspring.

What is unique about your art, process and the way you want people to interact with it?

I strive to be the best and most realistic equine artist that clients can commission to have a one of a kind painting done of their horse. As I have been in the industry for a long time, I have developed a good name and a large group of followers which also gives my work good investment value. My paintings also have soul and emotion, which is so vital when painting horses. I always say, "if you haven't ridden it, touched it, been bitten or chased by it, then don't try paint it!"

What does "being creative" mean to you?

I think being creative for me is being able to produce a product that is so unique and special that no one else can. I live and breathe what I do. I even own my own horses so it helps give me the edge in my creative process. Being able to capture an animal's soul in a painting is so difficult and it only comes from an extreme understanding of them to capture soul in a painting.

What kind of creative patterns, routines or rituals do you have?

I don't really have creative patterns, routines or rituals. I can say that I am constantly looking at everything I see and do as an artist. My days start very early and end very late. If I'm not painting in my studio then I'm out doing photo shoots or meeting with clients. I have a very strong connection with nature and the outdoors so any chance I get, I'll be in that environment which constantly keeps me inspired and motivated.



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Socialites

POLO attracts the fashion conscious. Here are some of the trend-setters from last year's event...













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Friday Polo Picnic

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Entry is free for everyone. Gates open at 1PM

- * AED100 will be charged if you would like to park in the picnic area.*
- * There is free public parking available if you do not wish to park in the picnic area*
- * You can either pre-order your picnic basket or bring your own light snacks and non-alcoholic beverages.*
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DUBAI POLO GOLD CUP SERIES 2018

JANUARY 2018							FEBRUARY 2018							MARCH 2018							APRIL 2018						
SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6					1	2	3			1	2	3			1	2	3	4	5	6	7
7	8	9	10	11	12	13	4	5	6	7	8	9	10	4	5	6	7	8	9	10	8	9	10	11	12	13	14
14	15	16	17	18	19	20	11	12	13	14	15	16	17	11	12	13	14	15	16	17	15	16	17	18	19	20	21
21	22	23	24	25	26	27	18	19	20	21	22	23	24	18	19	20	21	22	23	24	22	23	24	25	26	27	28
28	29	30	31				25	26	27	28				25	26	27	28	29	30	31	29	30					
AHPRC LEAGUE						4-6 GOAL	POLO MASTERS CUP						10 GOAL	AHPRC LEAGUE						4-6 GOAL	DUBAI CUP						6-8 GOAL
MCLAREN CUP						18 GOAL	GOLD CUP						18 GOAL	DUBAI CHALLENGE CUP						18 GOAL	AHPRC LEAGUE						4-6 GOAL
														ENGLAND INTERNATIONAL POLO CLASSIC						TBA							



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POLO

SPECIFIC TRAINING

by Martin Perez

“A successful program needs to be designed with balance and a goal in mind.”

EXERCISE 1

This exercise works the back of the body, which is essential for preventing lower-back injury. Assume an all-fours position. Extend your right arm forward and your left leg back behind you. Lower your arm and leg to the ground to return to the starting position. Repeat on the opposite side and continue, alternating sides, for the specified number of reps.

Sets/Reps: 2x20 each side



EXERCISE 2

Targets your upper abs, lower abs and obliques all in one movement.

Lie on your back with your legs bent, feet flat on the floor and arms spread out to the sides. Lift your left leg up and touch your foot with your right hand. Lower your leg and arm to the starting position. Repeat with your opposite arm and leg, and continue, alternating sides, for the specified number of reps.

Sets/Reps: 2x15 each side



EXERCISE 3

Targets your abs, obliques, lower back and even your hip flexors.

Assume a push-up position with your body in a straight line. Flex your right hip and touch your right knee to your left elbow. Extend your leg behind your body to return to the starting position. Repeat on the opposite side and continue, alternating sides, for the specified number of reps.

Sets/Reps: 2x10 each side



EXERCISE 4

Increases oblique and ab strength, engaging adductors as well.

Lie on your back with your legs bent and your arms spread out to the sides. Place a ball between your knees and hold it tight. Lower your legs to one side until your knees are about a foot above the ground. Hold for two seconds. Go back to the starting position. Repeat on the opposite side and continue, alternating sides, for the specified number of reps.

Sets/Reps: 2x5 each side



Polo specific training is simply fitness and performance training designed specifically for polo performance enhancement. Training programs for performance enhancement could include such areas as strength, speed, power, endurance, flexibility, mobility, agility, mental preparedness (including goal setting), sleep, recovery/regeneration techniques and strategies, nutrition, rehabilitation, pre-habilitation, and injury risk reduction.

A successful program needs to be designed with balance and a goal in mind. A program that is too general will not properly prepare the polo player, and a program that is too specific will also not properly prepare them (and additionally runs the risk of overtraining certain movement patterns which increases the risk of injury). If you are not doing a balanced program, you need to re-evaluate what you are doing.

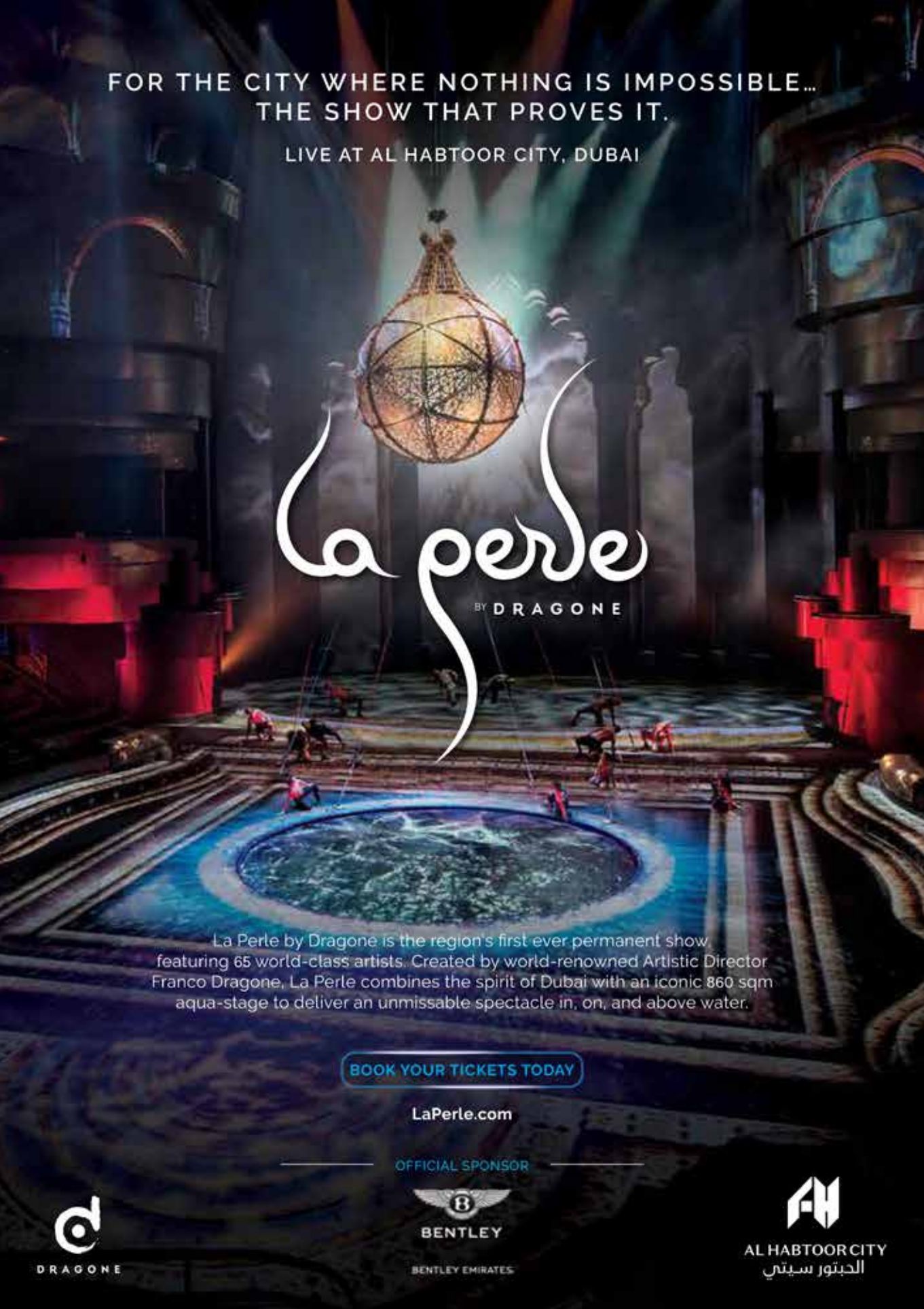
Following are some great exercises that will help develop a strong core, one of the pillars of fitness for polo. They can be added to any workout two to three times a week. Remember always to warm up properly and to stretch after every training session or competition.

For more information please visit our website, www.fitnessforpolo.com

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